



SUNRISE JUNE 2017

Happy Father's Day



This Month's Motto:
***BLACK BELT -
I Will Accomplish It!***

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IMPORTANT DATES

- 6/1-30 DAD'S MONTH!
- 6/2 Dad & Me Class 6:30 pm
- 6/9 Parkland Graduation 7:30 pm
- 6/16 Sunrise Graduation 7 pm
- 6/17 Movie Night 6-10 pm

BRING-A-FRIEND DAYS

- 6/3 Bring-A-Friend Day
- 6/6 Bring-A-Friend Day
- 6/7 Bring-A-Friend Day
- 6/10 Bring-A-Friend Day
- 6/17 Bring-A-Friend Day
- 6/20 Bring-A-Friend Day
- 6/22 Bring-A-Friend Day
- 6/24 Bring-A-Friend Day

BEGINNING BO STAFF

- 6/2 5 pm
- 6/23 5 pm

TUMBLING

- 6/9 5 pm

BEGINNING NUNCHUKU

- 6/16 5 pm

BBLP SEMINAR

- 6/2 7 pm

ACHIEVEMENT CLUB

- 6/2 7:30 pm

DEMO TEAM

- 6/2 6:15 pm
- 6/16 6:15 pm

BBLP FITNESS RUN

- 6/17 12:15 pm

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<i>Topic of the Day</i>	<i>Topic of the Day</i>	<i>Topic of the Day</i>	<i>Topic of the Day</i>	<i>Topic of the Day</i>	<i>Topic of the Day</i>	<i>Topic of the Day</i>	
INDOMITABLE SPIRIT				<i>School will be closed Have a Happy and Safe Holiday!</i>		JUNE 1 <i>Test Review</i>	2 <i>Beg. Bo 5 pm DAD & ME CLASS 6:30 pm BBLP Seminar 7 pm Achievement 7:30 pm</i>	3 <i>T Shirt Day Paper Drills Relay Race Parent Class Bring-A-Friend Day</i>
	4	5 <i>Test Review</i>	6 <i>T Shirt Day Pad Kicking Balloon Breaking Bring-A-Friend Day</i>	7 <i>Test Review</i>	8 <i>T Shirt Day Self Defense Dodge Pad Bring-A-Friend Day</i>	9 <i>Tumbling 5 pm Parkland Graduation 7:30 pm</i>	10 <i>T Shirt Day Instructor's Choice Parent Class Bring-A-Friend Day</i>	
	11	12 <i>T Shirt Day Parkour</i>	13 <i>Test Review</i>	14 <i>T Shirt Day Sparring Drills *Gold & Above Bring Protective Gear</i>	15 <i>Test Review</i>	16 <i>Beg. Nunchuku 5 pm Demo 6:15 pm Sunrise Graduation 7 pm</i>	17 <i>T Shirt Day Circuit Training Parent Class BBLP Fitness Run 12:15 Bring-A-Friend Day Movie Night 6-10 pm</i>	
	← SUMMER CAMP WEEK 1 - Super Heroes →							
	18	19 <i>Test Review</i>	20 <i>T-Shirt Day Self Defense Battlefield Bring-A-Friend Day</i>	21 <i>Test Review</i>	22 <i>T-Shirt Day Board Breaking Pad Kicking Bring-A-Friend Day</i>	23 <i>Beg. Bo 5 pm</i>	24 <i>T Shirt Day Extreme Combos Parent Class Bring-A-Friend Day</i>	
	← SUMMER CAMP WEEK 2 - Super Heroes →							
	25	26 <i>T Shirt Day Target Practice</i>	27 <i>Test Review</i>	28 <i>T Shirt Day Sparring Drills *Gold & Above Bring Protective Gear</i>	29 <i>Test Review</i>	30 <i>Tumbling 5 pm BBLP Seminar 7 pm Achievement 7:30 pm</i>	JULY 1 <i>T Shirt Day Instructor's Choice Parent Class Bring-A-Friend Day</i>	
	← SUMMER CAMP WEEK 3 - Super Heroes →							